

FUNCTIONALAB

BEAUTY NUTRITION

Korean Ginseng

Energy enhancement*

DESCRIPTION

Supports the body's natural recovery from stress and fatigue.*

FUNCTIONS

Korean Ginseng (*Panax ginseng*), also known as Asiatic Ginseng or Chinese Ginseng, has been used for thousands of years in Traditional Chinese Medicine. Originally cultivated for its roots, Korean Ginseng was used as a tonic to rejuvenate and restore a variety of functions. As an adaptogen, Korean ginseng is thought to support the body's response to stress and fatigue.

FORMULA (#20207-60)

One Vegetarian Capsule Contains:

Korean Ginseng 200 mg
(standardized to 3% ginsenosides)

In a 100 mg base of non-standardized Korean Ginseng

SUGGESTED USE

Adults take 1 capsule 1-3 times daily between meals or as directed.

SIDE EFFECTS

No adverse side effects reported.

STORAGE

Store in a cool, dry place, away from direct light. Keep out of reach of children.

REFERENCES

Avakian EV, Sugimoto RB, Taguchi S, Horvath SM. Effect of Panax ginseng extract on energy metabolism during exercise in rats. *Planta Med.* 1984 Apr;50(2):151-4.

Kiefer D, Pantuso T. Panax ginseng. *Am Fam Physician.* 2003 Oct 15;68(8):1539-42.

Kim DH, Moon YS, Jung JS, Min SK, Son BK, Suh HW, Song DK. Effects of ginseng saponin administered intraperitoneally on the hypothalamo-pituitary-adrenal axis in mice. *Neurosci Lett.* 2003 May 29;343(1):62-6.

Wang BX, Cui JC, Liu AJ, Wu SK. Studies on the anti-fatigue effect of the saponins of stems and leaves of panax ginseng (SSLG). *J Tradit Chin Med.* 1983 Jun;3(2):89-94.

Yun TK. Brief introduction of Panax ginseng C.A. Meyer. *J Korean Med Sci.* 2001 Dec;16 Suppl:S3-5.

www.functionalab.com

1-866-969-7068

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**